





## Your trusted partner to shape the future of food supplements in Europe

The European food supplement sector brings together many of the most innovative and dynamic companies in the food area, making a substantial contribution to Europe's public health goals and helping to ensure products are safe and high quality.

Food Supplements Europe combines the unique expertise of associations, multinational companies and SMEs, from raw material suppliers through to manufacturing and distribution companies across all sales channels.

### How can we help you?

- Providing insight into market and consumer trends as well as implications of regulatory changes.
- Providing reliable data from across the food supplement sector and solutions to regulatory issues.
- Facilitating access to a network of leading experts in this field in Europe and worldwide.

## Key dates

- 1989** Agreement to harmonise food supplements by Member States.
- 2002** Directive 2002/46/EC establishes harmonised rules for the labelling of food supplements and introduces specific rules on vitamins and minerals.
- 2005** The global body Codex agrees Guidelines for vitamin and mineral food supplements CAC/ GL 55-2005 which establish that the setting of maximum levels of vitamins and minerals should be based on safety.
- 2008** Commission report COM (2008) 824 concludes that it is not opportune to lay down specific rules for the use of substances other than vitamins and minerals in food supplements.
- 2009** Commission Regulation (EC) No 1170/2009 defines the list of vitamins and minerals and their forms that may be used in the manufacture of food supplements.

# European legislation affecting food supplements



# The food supplement sector



Suppliers of Functional Ingredients:  
Vitamins, Minerals, Botanicals and  
other Substances



Food supplement Manufacturers



Distributors & Retailers:  
Supermarkets, Hypermarkets, Food  
Distribution Channels, Pharmacy & Drug  
Stores, Direct Selling, Department Stores,  
Specialty Stores and Internet Selling

## Food supplements: A diverse range of dosage forms

Tablets, capsules, sachets, powders, liquids, syrups, effervescent forms, gummies, chewable forms, drops, lozenges

# Our members

## National Associations



## Companies



## Food Supplements Europe

International Non-Profit Organisation

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